

## Tiffany Griffiths, Psy.D. & Associates, Inc.

502 N. Blakely St.  
Dunmore, PA 18512  
(570) 342-8434

406 N. State St.  
Clarks Summit, PA 18411  
(570) 342-8434

1251 Wyoming Ave.  
Exeter, PA 18643  
(570) 654-4357

1031 Main St.  
Peckville, PA 18452  
(570) 342-8434

---

Hello,

You or your child will be evaluated on a continuous performance task in order to determine treatment approaches. Please abide by the following information to increase accuracy:

1. If you are taking any **short-acting stimulants** (tablet form):  
Please take **90 minutes** prior to your scheduled appointment.
2. If you are taking **time released stimulants** (capsule form):  
Please take **2 ½ hours** prior to your scheduled appointment.
3. If you are taking **Vyvanse**, please take **3 ½ hours** prior to your appointment.
4. In addition, please **DO NOT** ingest any **caffeine or other stimulants** (*besides current medications*) the day of the exam.

Please contact your clinician with any questions you may have.

Thank you and we look forward to working with you.